Thought for the Week:
Laughter is the shortest distance between friends.

FROM THE P&C
Our next meeting is TOMORROW at 9.00 a.m.
Topics for discussion:
- Uniform suppliers
- Winter Magic Festival wrap up
- Support for School Chaplain
- NAIDOC Week wrap up

Our email address is: pandc@elliheadss.eq.edu.au and we will be happy to bring up your issue for you.

NAIDOC DAY LUNCH
Thanks to everyone who helped out last week with cooking or organising orders for the NAIDOC Day lunch. Your help was really welcome!

FACEBOOK PAGES: Elliott Heads Parents and Staff
Elliott Heads State School Markets

DATES TO REMEMBER
25 Jul Dance Fever program $3/week
26 Jul P&C Meeting 9.00 a.m.
   Lawn Bowls starting for Grades 3-7
30 Jul Writer's Camp for selected Year 5/6 students @ Bucca Retreat
01 Aug Jumps Day @ St Lukes
02 Aug Athletics Salter Oval
08 Aug Future Leaders Eco Challenge Tour
   Selected Grade 5-6 students
13 Aug Grade 7 Transition to Kepnock SHS
   Parent transport help needed
28 Aug Maths Team Challenge
   Selected Grade 5-7 Students

NAIDOC WEEK CELEBRATIONS
Despite the intermittent rain, we had a fantastic day last Friday at our NAIDOC Day celebrations! The students thoroughly enjoyed their 90 minutes with “Wildman” Phil Green, who had literally thousands of Indigenous artefacts for students to handle and look at throughout the show.

He had every child in the palm of his hand for the entire time. It took him 90 minutes to set up and another 90 to pack up, so that tells you how much he had with him for children to explore. In my opinion, it is the best $5 parents will have spent on their children in a long time. Thanks for your support. Phil Green ended up staying the whole day with us and said it was the best NAIDOC Day he had been involved in for a long time.

Many thanks also to Craig Currie and the students from Kepnock State High School, who provided two of our four rotating sessions. The spear and boomerang throwing was as popular as ever and the cultural session provided the challenge of trying to make fire using just sticks and a block of timber. Thanks to Mr Morton and 5/6/7 boys who braved the elements to put up a marquee for shelter on the oval!

Mrs T as always, had interesting activities planned for her art session. You should see a brand new painting in the undercover area under the office very soon!

Toni Trusz, whose offer of help with NAIDOC Day was gratefully received, travelled all the way from her new home in the Lockyer Valley to be with us last Friday. It was at her instigation several years ago that we started NAIDOC Day at Elliott Heads and she wanted to continue her commitment to the day. Toni helped me out with the activity on Dreamtime stories from the night sky. Thanks so much, Toni!

As an unexpected bonus, Sarah Warwick brought in a whole display of artefacts including didgeridoos, stones, skins, bark paintings, tools and implements, shells and native food sources, which students enjoyed looking at after their Night Sky Activity. Thanks Sarah!

We also owe a huge thank you to the P&C and their helpers on the day for the great lunch, which was cooked, packed and delivered as efficiently as ever!

EXEMPTION FROM COMPULSORY SCHOOLING
Student absences of 10 days or more have always required an ‘Exemption from Compulsory Schooling’ process to be completed. This regulation has extended to include illness with a medical certificate provided. Should you need to remove your child from school for more than 10 days, you are required to make an appointment with Mrs Patterson to complete the necessary forms.

DANCE FEVER
Dance Fever continues today. This program is part of our curriculum and all children will be participating. Your help in paying your invoice of $27 for the nine week program, as soon as possible, will be
appreciated. If you can’t pay the $27 up front, please pay $3 per child per week. Thanks!

**OPPORTUNITIES FOR PARENTS**

**Our very own 123 Magic Course**

We have managed to get our very own 123 Magic Course right here at Elliott Heads SS! Mrs Campbell and Mrs Lee have attended this course for teachers and highly recommend it.

They have been implementing it in their classroom for the last 4 weeks and are having success with it. If your child has any behavioural difficulties, or you just want to find out about what is being implemented in the Prep/1 classroom, please consider signing up. We are running the course on **Tuesday mornings during Playgroup time**, so that we can help out with babysitting while parents are at the course. The school will also provide **morning tea**.

**Come along to learn how to manage difficult behavior in Children from 2-12:**

- To engage your children’s cooperation by positively noticing and encouraging them
- To set clear expectations and help them to develop frustration tolerance
- To help children’s brains to develop filters for behaving well
- To resolve family conflict quietly
- Some simple strategies to practise being a calm parent

**WHAT:** A 3 session program for parents/carers

**WHERE:** Elliott Heads State School Library

**WHEN:** August 6, 13 and 20, 2013

**TIME:** 9.00-11.30 a.m.

Please sign up using the **TEAR OFF SLIP**

**Maths Course**

There is a flyer attached for a Maths Course for parents from 4-6 p.m. on Wednesday 28th August at Bundaberg Central State School. I know there have been lots of parents at interviews saying they can’t help their kids with Maths homework, because it’s all different from when they went to school. We’ll here’s your opportunity to catch up with how Maths is taught now and why it’s changed!

Our teachers will be there at the same time, at a teacher Maths course. Please send in the **TEAR OFF SLIP** if you are interested in attending.

**NEW SCHOOL WEBSITE**

We are very excited about our new school website going live tomorrow. The web address is: https://elliottheadsss.eq.edu.au. Save it in your favourites for easy access and don’t forget to download the QSchools app to get updates every time an alert or new news story is added to the website.

**FACEBOOK PAGES**

Teachers are increasingly using the Elliott Heads Parents and Staff Facebook page to upload photos of class and school activities. If you want to look at these photos you need to go to our Facebook page and ask to become a member.

**SUPPORT FOR SCHOOL CHAPLAINCY PROGRAM**

We have had a few notes of support. Many thanks to those parents who have taken the time. Our report is due next WEDNESDAY, so we don’t have much time left, if you are going to put in a letter about the fantastic work Chappy Kelli does in our school.

**BASKETBALL POSTS**

The basketball posts have been ordered. We hope that they will be arriving shortly. We are looking for help in mixing and pouring concrete into the base to hopefully make them more stable than our last set of posts were. If you can help, please let us know.

**INTERVIEWS**

Thank you to all the parents who have taken time out of their busy schedules to meet with teachers regarding their child’s progress at school. I know staff have found the interviews valuable in gaining a better understanding of their students.

**HIGH SCHOOL TRANSITION PROGRAM**

On Tuesday 13 August, Grade 7 students will have an opportunity to attend Kepnock SHS for a Transition Program that involves lessons in some of the Key Learning Areas. As there is only a small group, we usually get parent help for transport. There will be a separate note coming home later.

**MATHS TEAM CHALLENGE**

On Wednesday 28 August, some of our more talented Mathematicians in Grades 5-7 will have an opportunity to participate in the Maths Team Challenge, where they will pit their skills against students from about 30 other primary schools.

**KIDS MATTER—Helping children manage feelings**

Children aren’t born with innate skills to regulate their emotions. In fact, they need to learn to manage their emotions, attention and behaviours. During the first few years of life, children learn how to concentrate, share and take turns, which helps them move away from depending on parents or carers to
beginning to manage by themselves. This process is called self-regulation.

You will notice when your child begins to self-regulate. They will learn to stop themselves from doing something they really want to do (like eating the whole bowl of cake mixture) and motivate themselves to do something they don’t like (like sharing a toy with a sibling). Children who have learned to self-regulate will show more control over their impulses, be able to sustain their attention for longer periods of time and be better able to deal with day-to-day frustrations such as distractions, noise and conflict.

But this process is not always easy. Like with learning any new skill, children experience ups and downs when they are trying to manage their feelings and behaviours. Parents and carers can play an important part in helping children to self-regulate. You can:

- Provide particular support at times when kids are upset, tired or angry. For example, your children might be less likely to cooperate with their siblings before bedtime.
- Break down complicated tasks into smaller parts so children can practise self-regulation without becoming overwhelmed. Help your child get ready for school or their early childhood service by breaking down the morning’s jobs into more manageable things like breakfast, getting dressed and packing a bag instead of simply talking about “getting ready”, which can be overwhelming for many kids.
- Lead by example and demonstrate appropriate self-regulation. Think about how you negotiate decisions at home, manage conflict or a change of plans, and communicate with your child’s teacher.

You may also be interested in the following KidsMatter resource: http://www.kidsmatter.edu.au/families/about-behaviour/anger/keeping-balance-managing-feelings-and-behaviours

**CHAPPY CHAT**

**BEING A GOOD FRIEND**

Friendship is defined as the caring relationship which exists between two or more people. Having friends is important to everyone, so helping your child to develop skills in establishing good friendships is an important parental role; one which is supported at school. Much is said about the traditional ‘three Rs’ in education, but there are really ‘four Rs’ and the fourth ‘R’ is relationships.

School is about learning to live as a community member, and relationships and friendships are the glue that keeps communities together.

Here are some ideas and advice for developing healthy friendships:

- Be honest and truthful.
- Be there when your friend needs you; be helpful.
- Respect people’s feelings and belongings.
- Share your feelings and be a good listener.
- Be kind and caring.
- Invite people to join in your games and activities.
- Never talk about people when they are not there.
- Always keep your promises.
- Be prepared to forgive and forget; it is human to make mistakes.
- Ask for help when you need it.
- BE the kind of friend you’d like to have.

Making and keeping friends requires a lot of effort. It’s not always easy and sometimes friends do things which are hurtful. A good friendship is one in which the people involved all work together to make it an enjoyable and rewarding experience for everyone. Be prepared to step in and help your child if you sense that their friendships are not appropriate or suitable.

**ASSEMBLY AWARDS:**

**MUSIC AWARD:** None last week

**PE AWARD:** 5/6/7

**TOP READINGEGGS STUDENT**

Congratulations to Kaidyn in Year 2 with 22 activities! Each activity in Readingeggs includes:

- a lesson and end of map quiz
- a story in the story factory
- a ‘driving test’
- spelling lessons
- puzzles from the puzzle park.

**TOP READINGEGGSPRESS STUDENT**

Congratulations to Rohan in Year 5 with 24 activities! Activities in Readingeggsspress include:

- a book in the comprehension gym
- a book in the quiz library
- a test in the stadium

**LOTE AWARD:** Caitlin in Year 5

**LIBRARY AWARDS:** For being fantastic library helpers during lunch: Caitlin, Lilly & Montana in Year 5
PLAYGROUNDAWARDS:
Lachlan, Libby, Mitchel and Rylan

NEWSLETTERREADER:Cleo

STUDENTSOF THE WEEK:
P/1 Nikita: Great improvement in writing & spelling
2/3 Rylan: For improved effort in writing
3/4 Taleah: Being cheerful and cooperative
5/6/7 Sharnee: Fantastic improvement in spelling

CLASS NEWS

PREP AND YEAR 1 NEWS
P/1 are now well and truly into the swing of our new units and continue showing interest in sharing Dr Suess’ rhyming text and writing character descriptions for the zany characters he creates. Many thanks to parent & community volunteers who help out in P/1. Kylie for her hard work in the garden. Mandy, Niki, Karmen, Donna, Judy Fossy and Margaret (Keenan’s Grandma) who help make Turbo Time and Reading Group time a valuable focused learning block. We still are looking for assistance on Thursday mornings from 9-10am and Fridays, so let us know if you are able to join us and share our learning journey. It is wonderful to see many parents enjoying the before school reading and it is lovely and warm inside on these chilly mornings, remember that children who read 3 mornings a week, get to play on the fort before school Friday as a reward for their efforts! This term in science P/1 is learning about The Earth and Us, we are currently learning about the features of different landscapes, particularly the weather associated and how this effects daily life. We are also learning about how the earth’s resources are used, managed and conserved. We have really enjoyed the Dance Fever session that began last Thursday and especially love the Hip Hop Dance, look forward to learning more today! Katherine, Denise & Margaret

WHAT’S THE SCOOP FROM YR 2 / 3
In English we are exploring the importance of sequencing in a procedural text. We have finally finished the amazing book “George’s Marvellous Medicine” by Roald Dahl. We were all relieved that Cranky Old Grandma kept shrinking until she disappeared. In Maths we are revising and extending our knowledge of addition and subtraction strategies. It’s amazing to see the different strategies the students are applying to difficult number sentences. Test your child’s mathematical ability to add several numbers together and you will be amazed. In History we are starting to explore and research local history.

We are going to investigate the original language group to inhabit this area and how some Bundaberg buildings have changed over the century.

Pip ☺

GRADE 3/4 NEWS
In Maths this week we have been having a close look at what symmetry is all about, identifying and creating symmetrical and asymmetrical shapes and designs and also extending this knowledge to include how to ‘flip, slide and turn’ shapes.

English has seen us identify key parts of a story and recreate the same storyline from a particular character’s perspective. Competence changing nouns to first person pronouns has been well practiced and demonstrated.

This week in science we have investigated and recorded temperatures measured as water was heated to boiling point on a gas stove. We made observations about how the water changed during the heating process. Although first hand observation is the generally used in scientific investigation this particular activity was actually done watching and discussing a well-documented video putting the large whiteboard screen to good use.

Next week we welcome Mrs Brown back to the Year3/4 class. I have enjoyed working in the 3/4 classroom during the last three weeks and I am very happy that I now know so many more of the Elliott Heads students.

Thank you to Miss Thompson, the Year 2/3/4 students, parents and all the classroom helpers who have helped to keep regular classroom routines running! Much appreciated.

Helen Pickard

ELLIOTT SENIORS NEWS
The return of homework has been much better. Thanks parents for your help.

In English, we have started preparing for our assessment task or creating either an animation or a comic strip of a story that poses an ethical dilemma for the main character. Students have also enjoyed using the various websites we have access to and ‘playing’ with the features in preparation for getting on to ‘the real thing’.

In Maths, we’ve been looking at prime and composite numbers and using calculators to break down really large numbers into their prime factors.

In Science, Students are continuing with their unit on Forces and have undertaken some experiments.
In History, students will be studying China. Thanks for taking time to come up and chat in interviews over the last two weeks. I look forward to the remaining interviews this week.

Good luck to Aimee and Caitlin who will be attending a writer’s camp at Bucca Retreat next Tuesday, organised by Kepnock High School. Thanks Kepnock!

Teeny and Bob

COMMUNITY NEWS

BARGARA STRAWBERRY FAIR
WHERE: Coral Coast Christian Church  
Cnr Windemere & Back Windemere Rds
WHEN: 3rd August; 9.00am-3.00pm
WHAT: Lots of free fun activities for families

BUNDABERG QUILTERS TAKE OVER AUGUST
Quilting Competition and Exhibition
WHEN: 10th & 11th August, 10am-4pm
WHERE: Bundaberg Family Centre @ the Showgrounds, Kensington & Walker Sts
COST: Gold Coin Entry

Textile Art Group Exhibition
WHEN: 18th August, 10am-4pm
WHERE: School of Arts Building in Bourbong St
COST: Gold Coin Entry

Norville State School Fete
The Norville SS P & C Association is excited to present the bi-annual Norville SS Fete. The Fete will be held on Sunday 11 August from 10am to 2pm. Entertainment and fun for the whole family! There will be a variety of rides on offer such as jumping castles, mini jeeps and merry-go-rounds. Food will be available including burgers, pies and fairy floss. There will be an array of stalls displaying items for sale and games to play. We will also be holding a continuous raffle featuring a huge number of prizes. Our students will be providing a full schedule of entertainment throughout the day. Come and join in the fun at Norville SS on Dr Mays Road, Bundaberg.

CHAPLAINCY PROGRAM
ELLIOET HEADS SS 2013
Name: ________________________________
Our family supports/does not support the chaplaincy program at Elliott Heads State School. Some of the reasons for this are:
__________________________________
__________________________________
__________________________________
__________________________________
__________________________________
For these reasons, we would/would not like the chaplaincy program to continue at Elliott Heads State School.

Signed: ________________________________
Date: ________________________________

TEAR OFF SLIP - MATHS FOR PARENTS
Name: ________________________________
Phone: ________________________________
I am interested in attending the Maths Session for Parents at Bundaberg State School on Wednesday 28th August, from 4.00pm - 6.00 pm.

TEAR OFF SLIP - 123 MAGIC @ EHSS
Name: ________________________________
Phone: ________________________________
I am interested in attending the 123 Magic Course at EHSS on August 6, 13 and 20, from 9.00-11.30 am